



# WINTER 2015-2016 ACTIVITIES

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# Special Events

## ***Kids Fishing Rodeo***

### **When:**

Saturday, March 6, 2016,  
10:00 a.m. - 12:00 p.m.

### **Ages:**

16 & Under FREE

### **Where:**

Plum Lake  
(1702 Sheppard Access Rd)  
by the Softball Complex

Co-Sponsored by  
Texas Parks and Wildlife  
(Rain Out Date-March 14th)





# ***Easter Egg Hunt***

## **When:**

Saturday,  
March 12th, 2015, 3:00 p.m.  
(Rain Out Date-March 19th)

## **Where:**

Lucy Park

## **Ages:**

3yrs old through  
2nd grade FREE





# *March Movie Madness*

## **When:**

March 14th-17th  
WFISD Spring Break

## **Where:**

W.F. Recreation Center,  
600 11th St, Rm 205

**Movies Begin at 2 p.m.**

Children

Must Be Accompanied By an Adult

***FREE Popcorn and Drinks  
Provided***

**Monday:**

Cinderella

**Tuesday:**

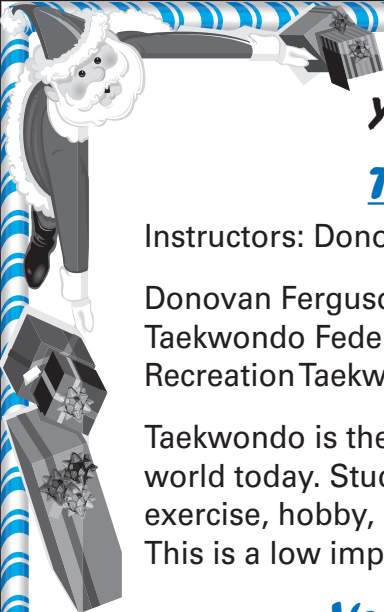
Inside Out

**Wednesday:**

Hotel Transylvania 2

**Thursday:**

The Peanuts Movie



## *Youth Fitness*

### **Taekwondo**

Instructors: Donovan Ferguson and Tracey Davidson

Donovan Ferguson, a 3rd Dan with the World Taekwondo Federation, has been with the Parks & Recreation Taekwondo Program for 9 years.

Taekwondo is the most popular martial art around the world today. Students of all backgrounds practice for exercise, hobby, sport, discipline, and self-defense. This is a low impact or soft training program.

### **Youth Program**

Ages: 5 - 11    Fee: \$30 per month  
When: Tuesdays 7:00 p.m. - 8:00 p.m.  
and Saturdays 10:00 a.m. - 11:00 a.m.

### **Adult Program**

Ages: 11 & up    Fee: \$30 per month  
When: Tuesdays 8:00 p.m. - 9:00 p.m.  
and Saturdays 11:00 a.m. - 12:00 p.m.

**Both Classes held at Jefferson Elementary School Gym at 4628 Mistletoe. Pay by 3 p.m. last business day of the current month and receive a \$5 discount for the upcoming month!**

**Trial classes only \$5!!**





## Wrestling Club

Instructors: Instructors: Coaches Tom Lang, Mitch Fields, Mike Johnson, Blaine Kidwell, Mike Bell, and John Ming

### Wichita Falls Bruisers Wrestling Club

Wrestling is an outstanding sport that challenges youth both mentally and physically. Mentally, this basic skills camp will teach your child an overview of the sport, how scoring points work, and strategy. Physically, they will learn a variety of skills and techniques including the proper starting positions, basic takedowns, defending takedowns, escapes, reversals, and pinning combinations. Wrestling is a fun and safe sport that matches up youth of similar size and age to ensure fair and competitive contests. Yes, girls are allowed too. Wrestling teaches good sportsmanship as each match begins and ends with a handshake. Finally, wrestling skills directly transfer to a great deal of other sports including football, MMA, grappling, and track and field. Come on out and join us!

Ages: 4-14yrs old

Fee: \$40 per student

When: Tuesdays and Thursdays,  
starting January 12th, 6:00 p.m. - 7:00 p.m.

And

Advanced Student Training Thursdays starting  
January 14th, 7:00 p.m. – 8:00 p.m.

Session 3: January 12 to February 15

**Wrestling Classes are at  
Jefferson Elementary School Gym at  
4628 Mistletoe**







## *Youth Dance Classes*

### *Instructor: Summer Crain*

Summer is starting her 2nd year with us at Parks and Rec and she is very excited to watch your children fall in love with dance. Summer is very active with the Wichita Theater and has performed in Cats, Shrek the Musical, and Tarzan the musical to name a few. Summer and her family are very involved in our community and as homeschoolers, they love to be involved and stay busy.

### *Preschool Dance & Movement*

Your 3-5 year old will love dancing to fun music while learning the basics of ballet. This 45 minute class makes learning to dance so much fun!

Ages: 3-5 years Fee: \$30.00 per month

When: Tuesdays

Time: 5:30 p.m. – 6:15 p.m.

### *Preschool Tap*

Your 3-5 year old will love dancing to fun music while learning the basics of tap. This class is new and for any child interested in learning the basic skills of tap! Classes will meet Tuesday 5:30 – 6:15 p.m.

Ages: 3-5 years Fee: \$30.00 per month

When: Thursdays

5:30 p.m. – 6:15 p.m.

### *Beginning Dance*

Your 6-12 year old will learn ballet skills as well as jazz skills in this 45 minute class. They will master basic skills and begin a lifelong love for dance.

Ages: 6-12 years Fee: \$30 per month

When: Tuesdays

Time: 6:30 p.m. – 7:30 p.m.

**All Dance Classes with Summer Crain are held in Rm 213 at The W.F. Recreation Center at 10th & Indiana. Pay by 3 p.m. last business day of the current month and receive a \$5 discount for the upcoming month!**

**Trial classes are only \$5!!**

# **YOUTH FITNESS**

***Instructor: Katelyn Moser***

## ***Toddler Tumblebears***

Filled with songs, movement, and lots of fun, Tumblebears is a 'Mommy (or Daddy!) and Me' class created to develop your child's physical and mental growth. Motor skills, creative dance, and games are used to teach song and dance exercises. Students will learn great basic tumbling skills. Gives parents a chance to spend quality time with their children and to meet other parents with toddlers. Trial class \$5 (new students only).

**Ages: 2 – 3 ½ years    Fee: \$30 per month**

**When: Tuesdays    Time: 4:30 p.m. - 5:15 p.m.**

## ***Preschool Tumbling***

Emphasis on balance, large motor skill development, coordination and age-appropriate stretching partnered with great basic tumbling skills.

**Ages: 4 – 5 ½ years    Fee: \$30 per month**

**When: Tuesdays    Time: 5:15 p.m. – 6:00 p.m.**

## ***Advanced Gymnastics***

As you have mastered the basics of tumbling, this class allows you to safely move into Gymnastics and improve upon techniques already learned and gives you opportunity to take that class repeatedly to continue perfecting gymnastic skills.

**Ages: 6 years & up    Fee: \$30 per month**

**When: Tuesdays    Time: 6:00 p.m. – 7:00 p.m.**

**All Classes held by Katelyn are in  
Rm 212 at The W.F. Recreation Center at 10th & Indiana  
Pay by 3 p.m. last business day of the current month and  
receive a \$5 discount for the upcoming month!**

**Trial classes only \$5!!**







## ***Cross Painting 101- (February)***

This is a new class we are offering. The class fee covers materials, the crosses and instruction from Genice Wilson. The fee covers the whole month of February! You must sign up by January 15th in order to for your materials to be ordered. The class will be every Tuesday in February from 6:30 p.m.-7:30 p.m. Space is limited.

Ages: 16 & up

Fee: \$35 per month

When: Thursdays in February,  
6:30 p.m.-7:30 p.m.



## ***Adult Dance Classes***

### ***Instructors:***

***Juanita Pavlick, Myrna DeAsis and Gail White***

These instructors began dancing together as students at The Parks and Recreation Dept. under the beloved Miss Edith Kalin. Since then, they have remained together to further their love for dance. Collectively, they have decades of dance experience.

### ***Adult Ballet***

Advanced Adult Ballet is for anyone who loves to dance but does not want to pay an expensive studio for private lessons. Ballet is a wonderful way to help tone, stretch, and relax tired muscles that may not have been used in a while. This class will focus on advanced ballet skills, students are encouraged to have prior experience, even if it was years ago. Wednesday nights are to practice ballet skills, and Saturdays are pointe work and choreography. Students will have opportunities to perform their skills at various community events if they choose.

Ages: 16 & up    Fee: \$30 per month

When: Wednesdays from 7:00 p.m. - 8:30 p.m.

AND Saturdays from 10:00 a.m. - 12:00 p.m.

Where: W.F. Recreation Center,  
600 11th St, Rm 213 (Dance Studio)

**Pay by 3 p.m. last day of the current month and  
receive a \$5 discount for the upcoming month!**

**Trial classes only \$5!!**



## Adult Dance/Fitness

### Middle Eastern Dance

#### ***Instructor: Jet Phoenix***

We are very excited to have Jet as a new instructor! She is very passionate about belly dancing and the culture. She would love to share it with you!

#### ***Beginner Level***

Belly dancing is a beautiful celebration that uses muscle isolations to interpret this music. Relieve stress, tone up, and have fun all at the same time! Fundamental movements of beginning belly dance, focusing on correct techniques for this dance, with some multicultural insights. This is a great course for the new dancer or a refresher for those with some past experience. Students should have a hip scarf with fringe that is large enough to tie around their waist. Please feel free to contact the Parks and Recreation office with any questions, 940-761-7490

Room 212

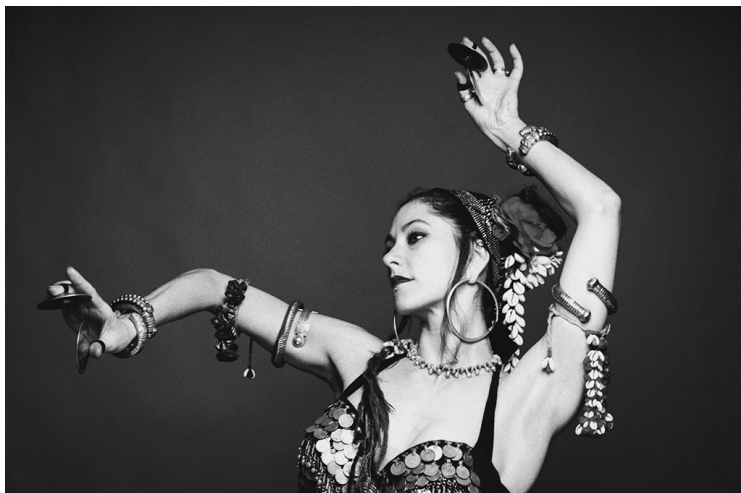
Ages: 14 & up    Fees: \$25 per month

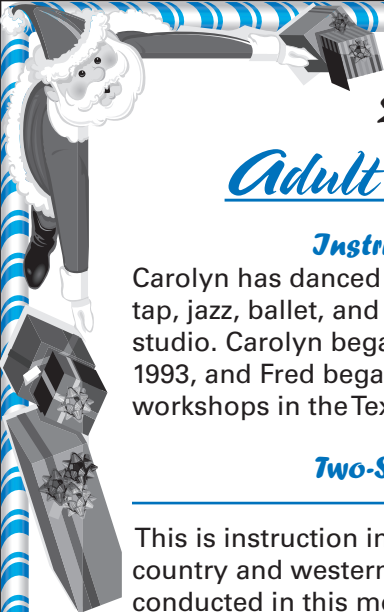
When: Thursdays

Time: 7:00 p.m. – 8:00 p.m.

#### ***Middle Eastern Dance Private Classes***

Private classes are available upon request but must be scheduled through the instructor for times available and fees.





## *Social Dance*

# *Adult Social Dance*

### *Instructor: Carolyn High*

Carolyn has danced consistently since 1981. She has taught tap, jazz, ballet, and clogging and has owned her own dance studio. Carolyn began teaching Country & Western dance in 1993, and Fred began in 1995. Fred and Carolyn attend many workshops in the Texas-Oklahoma area.

### *Two-Step (January Only)*

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This is instruction in the dance most commonly seen at all country and western night spots/clubs. During the 4 lessons conducted in this month of instruction you will learn frame, basic steps, turns, rotations and other basic to intermediate level moves as time allows. Leading and following techniques are emphasized. This dance can also be done to other types of music that have the same rhythm such as foxtrot.

No partner required, however, it is helpful if you have someone to practice with outside of class. We have combined classes for young people and adults. Bring your relatives or friends. Bring your son or daughter. Please wear shoes with leather or hard soles to allow you to spin. **Please, no sling backs or athletic shoes. Bowling shoes work great!**

Ages: 12 & up    Fees: \$35 per month

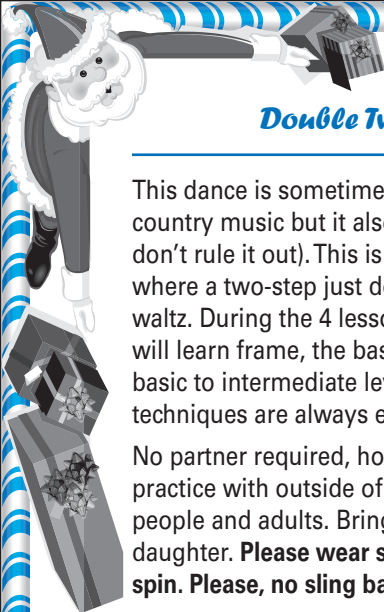
Month: January    Day: Tuesdays

Time: 7:00 p.m. – 8:00 p.m.

### *Instructor: Carolyn High*

\$5.00 Off Early Registration Bonus on class registration fees paid before the last business day of current month for the upcoming month's classes.





### ***Double Two-Step (February Only)***

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This dance is sometimes called the shuffle and is normally done to country music but it also can be danced to some big band music (so don't rule it out). This is the dance you would probably use in a club where a two-step just doesn't fit the music and it is definitely not a waltz. During the 4 lessons conducted in this month of instruction you will learn frame, the basic steps, various turns, rotations, and other basic to intermediate level moves as time allows. Leading and following techniques are always emphasized.

No partner required, however, it is helpful if you have someone to practice with outside of class. We have combined classes for young people and adults. Bring your relatives or friends. Bring your son or daughter. **Please wear shoes with leather or hard soles to allow you to spin. Please, no sling backs or athletic shoes. Bowling shoes work great!**

**Ages: 12 & up   Fees: \$35 per month**  
**Month: February   Day: Tuesdays**  
**Time: 7:00 p.m. – 8:00 p.m.**

#### ***Instructor: Carolyn High***

\$5.00 Off Early Registration Bonus on class registration fees paid before the last business day of current month for the upcoming month's classes.

### ***Waltz (March Only)***

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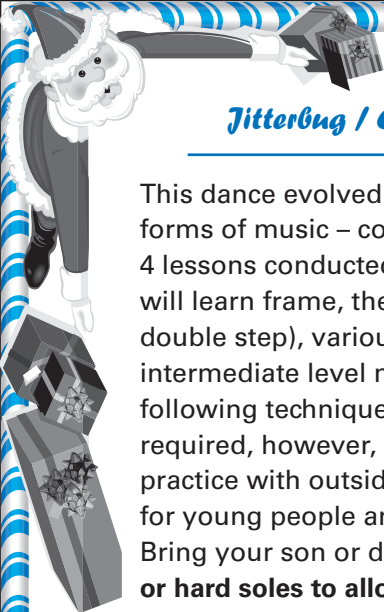
This is a versatile dance that can be done to both country and big band or ballroom music. The step list is the same for both the country and ballroom circuits. This dance is very popular for weddings because it is very graceful and flowing. During the 4 lessons conducted in this month of instruction you will learn frame, the progressive steps (typically done locally versus the box step), turns, rotations, and other basic to intermediate level moves as time allows. Leading and following techniques are always emphasized.

No partner required, however, it is helpful if you have someone to practice with outside of class. We have combined classes for young people and adults. Bring your relatives or friends. Bring your son or daughter. **Please wear shoes with leather or hard soles to allow you to spin. Please, no sling backs or athletic shoes. Bowling shoes work great!**

**Ages: 12 & up   Fees: \$35 per month**  
**Month: March   Day: Tuesdays**  
**Time: 7:00 p.m. – 8:00 p.m.**

#### ***Instructor: Carolyn High***

\$5.00 Off Early Registration Bonus on class registration fees paid before end of current month for upcoming month's classes.



## *Jitterbug / East Coast Swing (April Only)*

This dance evolved from the Lindy Hop and is danced to all forms of music – country, ballroom, rock, etc. During the 4 lessons conducted in this month of instruction you will learn frame, the basic steps (with single step and double step), various turns, rotations, and other basic to intermediate level moves as time allows. Leading and following techniques are always emphasized. No partner required, however, it is helpful if you have someone to practice with outside of class. We have combined classes for young people and adults. Bring your relatives or friends. Bring your son or daughter. **Please wear shoes with leather or hard soles to allow you to spin. Please, no sling backs or athletic shoes. Bowling shoes work great!**

Ages: 12 & up

Fees: \$35 per month

Month: December

Day: Tuesdays

Time: 7:00 p.m. – 8:00 p.m.

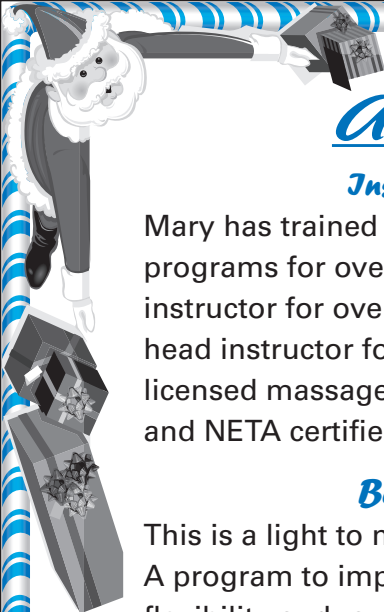
***Instructor: Carolyn High***

\$5.00 Off Early Registration Bonus on class registration fees paid before the last business day of current month for the upcoming month's classes.

Monthly Social Dance Classes are held at  
The W.F. Recreation Center, 10th & Indiana, Room 201







## *Adult Fitness*

***Instructor: Mary Hosch***

Mary has trained in Parks & Recreation fitness programs for over 24 years, was an assistant instructor for over 10 years, and has now been a head instructor for over 13 years. Mary has been a licensed massage therapist for 12 years and is CPR and NETA certified.

### ***Beginner Aerobics***

This is a light to moderate cardio workout. A program to improve muscle strength, increase flexibility and range of motion using callisthenic exercises designed to stretch and tone the body. Use of rubber tubing and light hand weights add resistance to the workout.

**Ages 16 & up   Fees \$25 per month**

**When: Mondays & Thursdays**

**Time: 6:40 p.m. - 7:40 p.m.**

### ***Advanced Aerobics***

Moderate to advanced level workout designed for higher cardio levels of exercise. Your choice of 4 or 6 inch steps are provided. This class includes great leg work alternated with arm work using medium to heavy hand weights and exercise balls. New participants should have some previous step experience.

**Ages: 16 & up   Fees: \$25 per month**

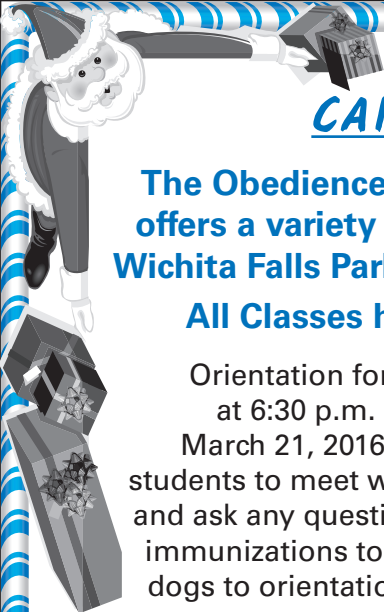
**When: Mondays & Thursdays**

**Time: 5:30 p.m. - 6:30 p.m.**

**\$5.00 Off Early Registration Bonus on class registration fees paid before the last business day of current month for the upcoming month's classes.**

**Classes are held at The W.F. Recreation Center,  
10th & Indiana, Room 201**





## **CANINE COURSES**

**The Obedience Training Club of Wichita Falls offers a variety of classes through the City of Wichita Falls Parks and Recreation Department.**

**All Classes held at 974 Spring Lake Rd.**

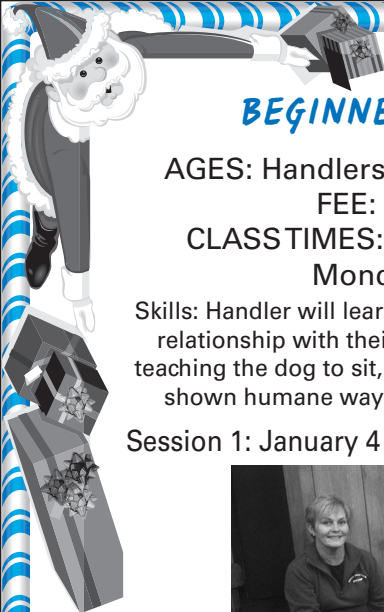
Orientation for Session 1 will be January 4, 2016 at 6:30 p.m. Orientation for Session 2 will be March 21, 2016 at 6:30 p.m. Orientation allows for students to meet with the instructors, turn in paper work, and ask any questions needed. Bring proof of your dog's immunizations to orientation. Please do not bring your dogs to orientation. There will be no class on holidays.



Obedience Training Club of Wichita Falls Requirements for all the classes:

- All handlers must be at least sixteen (16) years of age.
- Puppies must be between 3-6 months of age.
- Dogs must be over 6 months of age.
- The handler must furnish current immunization records for all Puppies and Dogs attending any class. Immunization records must bear the signature and licensing information of the veterinarian who administered the immunizations. Note: Puppies under 4 months of age are not required to have a Rabies immunization.
- Handlers and dogs residing in the city limits of Wichita Falls must have a current city tag for the dog. Puppies under 4 months of age are not required to have a city tag. City tags may be obtained from the Animal Control Department located 1207 Hatton Road, Wichita Falls TX.

Dog Obedience and Puppy Training Classes can accept domestic canines only. NO Wolf Hybrids or Wolf Crossbreeds.



## BEGINNER DOG OBEDIENCE CLASS

AGES: Handlers 16 and up DOGS: 6 months & up

FEE: \$75 per dog per session

CLASSTIMES: Monday, 6:00 p.m. – 7:00 p.m. or  
Monday, 7:00 p.m.– 8:00 p.m.

Skills: Handler will learn a variety of training skills to help build a better relationship with their dog. Skills include: walking on a loose leash, teaching the dog to sit, down, and stay when asked. The handler will be shown humane ways to redirect unwanted behavior in their dogs.

Session 1: January 4 – February 11 Session 2: March 21-May 9



## CANINE GOOD CITIZEN CLASS

REQUIREMENTS: Dogs must have successfully completed a  
Beginner Dog Obedience Class

AGES: Handlers 16 & Up DOGS: 6 months & Up

FEE: \$75 per dog per session

TIME: Wednesday, 6:00 p.m. – 7:00 p.m.

Session 1: January 4 – February 11 Session 2: March 21-May 9

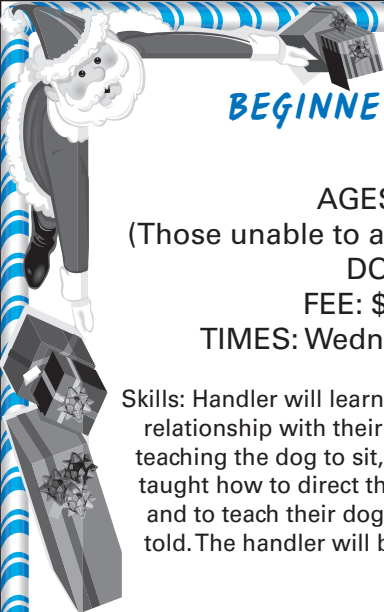
Bring dogs to first class and also bring a variety of soft small

treats such as cheese, hot dogs, etc. The Canine Good Citizen Program is a two-part program that stresses responsible pet ownership for owners and basic good manners for dogs.

All dogs who pass the 10-step CGC test will receive a certificate from the American Kennel Club.



Test 1	Accepting a friendly stranger	Test 6	Sit and down on command
Test 2	Sitting politely for petting	Test 7	Come when called
Test 3	Appearance and grooming	Test 8	Reaction to another dog
Test 4	Walking on a loose lead	Test 9	Reaction to distraction
Test 5	Walking through a crowd	Test 10	Supervised separation



## **BEGINNER DOG OBEDIENCE CLASS FOR SENIORS**

**AGES:** Handlers 50 and Up

(Those unable to attend evening classes are welcome)

**DOGS:** 6 months & Up

**FEE:** \$65 per dog per session

**TIMES:** Wednesdays - 9:00 a.m. – 10:00 a.m.

**Skills:** Handler will learn a variety of training skills to help build a better relationship with their dog. Skills include: walking on a loose leash, teaching the dog to sit, down, and stay when asked. Handlers will be taught how to direct their dog to wait at doors and gates until called and to teach their dogs to ignore food or objects on the floor when told. The handler will be shown humane ways to redirect unwanted behavior in their dogs.

**Session 1:** January 4 – February 11

**Session 2:** March 21-May 9



## **PUPPY KINDERGARTEN**

**AGES:** Handlers 16 and Up

**DOGS:** 3 – 5 Months

**FEE:** \$75 per dog per session

**Class times:** Monday, 7:00 p.m. – 8:00 p.m.

This class consists of eight weeks of basic kindergarten training for your puppy. This training uses only rewards and positive reinforcements for shaping the appropriate and desired behaviors from the puppy. Each week the instructor of the class will provide up-to-date information on a wide variety of health and behavioral issues.

**Session 1:** January 4 – February 11

**Session 2:** March 21-May 9



## THERAPY DOG PREPARATION (Advanced Class)

**REQUIREMENTS:** Dogs must have completed both a Beginner Dog Obedience Class and a Canine Good Citizen Class. In addition, the dog must have successfully passed the AKC Canine Good Citizen Evaluation prior to admission.

**AGES:** Handlers 16 and up

**FEE:** \$75 per dog per session

**TIME:** Tuesday, 7:00 p.m. - 8:00 p.m.

Therapy dog preparation is offered for those interested in determining if their dog is a good candidate for becoming a registered therapy dog. Registered therapy dogs visit schools, nursing homes, and other care facilities to bring happiness to others. This volunteer activity is also rewarding to those who offer this service. The instructors have many years of experience visiting a variety of facilities with their dogs.

Subjects will cover the reaction of the dogs to specialized equipment, the paperwork and testing required for registration, evaluating the dog's reactions to various stimuli, controllability, and manners to determine their suitability for safe visiting. The dogs will also be observed for their willingness to interact with other people and other dogs.

Attendees will be invited to visit with registered teams (without their dog) to observe protocols of visits. The instructors will inform the attendees about the different registries that offer registration to dog and handler teams. Information on how to have your dog officially evaluated is also provided.

**Session 2: March 21-May 9**





## **RALLY OBEDIENCE**

**REQUIREMENTS:** Dogs must have successfully completed a Beginner Dog Obedience Class

**AGES:** Handlers 16 and up

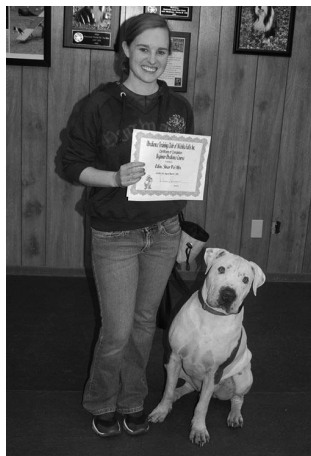
**FEE:** \$75 per dog per session

**TIME:** Wednesday, 7:00 p.m. - 8:00 p.m.

Unlike regular obedience, instead of waiting for the instructor's commands, the handler and dog proceed around a course of designated stations with the dog in heel position. The course consists of 10 to 20 signs that instruct the team what exercise to perform.

Rally Obedience attendees can train for performance events which are sanctioned trials conducted by: American Kennel Club (AKC), United Kennel Club (UKC), and other dog groups. There are three levels of competition Rally Obedience: Novice, Advanced, and Excellent.

**Session 4: September 14 – November 2**



### **Dog Agility Classes (Advanced Class)**

This is a class offered strictly through the Obedience Training Club of Wichita Falls (OTCWF). Dogs are required to meet certain prerequisites as well as have previous training. Sign up for this class through the Obedience Training Club.

**Obedience Training Club of Wichita Falls**  
**President: Dana Goff Website: [www.otcwf.com](http://www.otcwf.com)**  
**Contact information:**  
**940-851-0694 / [dgoff@sw.rr.com](mailto:dgoff@sw.rr.com)**





The **50+ Zone** is an active adult center operated and programmed by the W.F. Parks & Recreation Department for the use and enjoyment of people 50 & over. The Zone is located on the 2nd floor of the W. F. Recreation Center on the corner of 10th & Indiana. **Being able to join the Zone is the best thing about being 50 years old or better!** At only **\$30 a year**, a Zone membership offers so many opportunities for **activity** and **FUN!!** First time visitors are welcome to tour and use the facility one time at no charge. If you are interested in finding out what programs are offered, please call our office, and we will mail you a newsletter full of information. The newsletter is also available online at **www.wichitafallstx.gov**

**Hours of operation: Monday - Friday 7:30 a.m. - 7:30 p.m.**  
(except designated holidays) **Address:** 600 11th Street, Wichita falls, TX 76301, Rm 217 **Phone:** (940)761-8887

#### **Some activities at the Zone:**

Workout Rooms, Pool Tables, Movies on the Big Screen, BINGO, Karaoke, Dancing, Fitness Classes, Cards & Dominos, Texas Hold'em, Oil Painting, Stained Glass, Computer Classes, Monthly Special Events, Poker & Bridge, Table Tennis, and Lots more. **Now on Facebook -50PlusZoneofWF- "Like" us today!!**

#### **Weekly Live Band Dances- Fridays**

**The 50 + Zone has a variety of Bands performing LIVE every Friday starting at 7pm.** Come and dance to some of the BEST Country and Western Swing Dance Bands in the area. These dances are held in our ballroom in a smoke and alcohol free environment and are recommended for ages 50 and over, but no younger than 35. Free refreshments are available. The public is invited. For Weekly Band:  
Call 940-761-8887

Time: 7:00 - 10:00 p.m.

Admission: \$6.00 for  
non-members

\$5.00 for Zone members with membership card



**Come in for a free tour anytime Mon-Fri from 7:30 a.m. - 7:30 p.m.!**

**Located at 600 11th St, 2nd Floor**

**Or Call 940-761-8887**





## *Amateur Athletics*

**\*\*Coaches Meeting for all Amateur Athletics is  
Monday, January 12th, 2015**

**Time: 6:00 p.m.**

**Location: W.F. Rec Center, 10th & Indiana, Ballroom**

### *Adult Kickball*

Come Kick up your heels!!

Entry Fee: \$300.00 per team

Entry Deadline: Friday, February 20th

Season Begins: Week of March 16th



### *Adult Volleyball*

Entry fee: \$200.00 per team

Entry Deadline: Friday, February 20th

Season Begins: Week of March 16th

### *Adult Spring/Summer Softball*

Entry Fee: \$375.00 per team

Entry Deadline: Monday, February 9th

(Please note: Early Registration Fee is \$350.00  
if paid before deadline)

Season Begins: Week of March 2nd





## City of Wichita Falls Skate Park

Located on Maurine Street between I-44 and Sheppard Access Road is the City of Wichita Falls Open 7 days a week from 8:00 a.m. to Midnight. There are lights, water and restroom facilities available.

The state of the art park includes street fixtures such as stairs, rails, boxes and ledges as well as a variety of transitions and bowls ranging from 6 feet to 10 feet deep.

### Skate Park Rules & Regulations

- The Skate Park is a "skate at your own risk" facility, non-supervised & for skateboards, in-line skates and BMX bicycles (without pegs) only.
- The skate park is open to patrons age 6 and over. Youth under 10 must be accompanied by an adult over 17. Children under 6 are not permitted in the skate park except for City approved activities scheduled for that age group
- Skateboarding, in-line skating & bike riding in this skate park are high risk activities. Wearing of a helmet is REQUIRED & knee pads, elbow pads & wrist guards are strongly recommended.
- Skate park hours are from 8:00 a.m. – midnight except when signage is posted for performance of cleaning & maintenance.
- NO usage will be permitted during this time. No trespassing when facility is closed. Violators will be prosecuted!
- No motorized vehicles or other wheeled devices are allowed within the skate park.
- Tobacco products, alcohol & glass containers are not allowed.
- Litter is to be placed in receptacles.
- Use only materials designed for skating...not benches, tables, bleachers, etc.
- No pets are allowed on the skate park surface.
- No outside obstacles are allowed.
- No skating/biking when the surface is wet, when raining, during electrical storms or when routine skate park maintenance is being performed.

***\*\*\*Vandalism, graffiti, tagging, etc. will close this facility until repairs are made.***





# **Athletic Complex Reservations**

## **Practice Field Reservation Policy**

The Parks & Recreation Department permits scheduled softball practice by organized softball teams registered in or desiring to register in Parks & Recreation Softball leagues. The following ball fields are available for practices for teams when fields are not scheduled for league play, tournaments, maintenance or at rest for turf recovery. These ball fields are designated "softball use only" facilities unless otherwise approved by the Director of Parks & Recreation.

### **Softball Complex 1, 2, 3 & 4 and Scotland Park**

The following ball fields are available for practices by any team for softball or baseball when fields are not scheduled for maintenance or special license use. Teams using these facilities must abide by all reservation & fee policies.

Kiwanis Park 1, 2, 3 & 4

Bridwell Park

Williams Park

Lock Lomond Park

Spudder Park

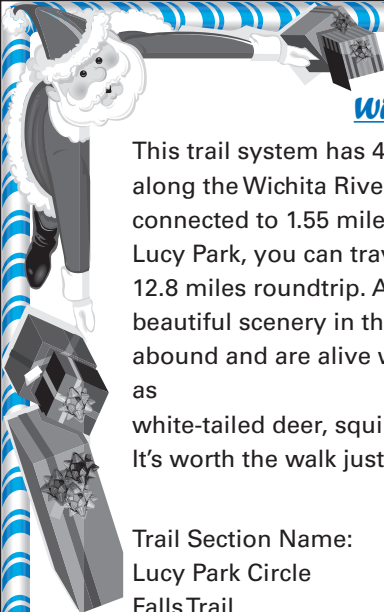
Jalonick Park

### **Lake Wichita Park 3 & 4**

The following facilities are available for practices by any team for soccer/football when not scheduled for extensive maintenance or special license use. Teams using these facilities must abide by all reservation & fee policies.

### **Lake Wichita Park 4& 6**

- A. Reservations for facilities must be made in person at the Recreation Office, room 209 of the Wichita Falls Recreation Center at 10th and Indiana. Office hours are 8:00 a.m. to 5:00 p.m., Monday through Friday. Softball/baseball practices are scheduled from the second full week of February through the last full week of November. Soccer/football practices are scheduled year round.
- B. Teams will not be allowed to make more than two (2) reservations per week: one (1) during the week and one (1) on the weekend.
- C. Reservations for any day of the week may be made Monday through Friday. Reservations for a Monday practice may be made on the previous Friday.
- D. Practices are limited to 1 ½ hours. Practice times are as follows:  
Weekdays 5:30 – 7:00 p.m., 7:00 – 8:30 p.m., 8:30 -10:00 p.m.  
Weekends 1:00 – 2:30 p.m., 2:30 – 4:00 p.m., 4:00 – 5:30 p.m.,  
5:30 – 7:00 p.m., 7:00 – 8:30 p.m., 8:30 -10:00 p.m.
- E. A fee of \$20.00 will be charged for the use of facility lights at the time the reservation is made. 5:30, 7:00 and 8:30 practices in January, February, March, November and December will be charged for lights. 7:00 and 8:30 practices in April and October will be charged for lights. 8:30 practices May through September will be charged for lights.
- F. Practices unable to be held due to inclement weather or light failure will be rescheduled, providing your receipt and reservation slip are brought into the office within three business days from the time of canceled practice. (Practices will not be rescheduled by phone).



### Wichita River Trails

This trail system has 4.37 miles of connected trails stretching along the Wichita River from Lucy Park to Williams Park. It is also connected to 1.55 miles of the Holliday Creek Trails. Starting in Lucy Park, you can travel all the way to East Scott Street and back, 12.8 miles roundtrip. Along the way you'll find some of the most beautiful scenery in the city. Peaceful and serene wooded areas abound and are alive with color in both spring and fall. Wildlife such as white-tailed deer, squirrels, and all kinds of birds can often be seen. It's worth the walk just to smell the honeysuckle.

#### Trail Section Name:

Lucy Park Circle

Falls Trail

2nd & Lamar Trail

O'Reilly Trail

O'Reilly-Williams Walk

Williams Walk

#### Trail Beginning/End Points:

Within park itself

Lucy Park to the Falls

Falls to 2nd & Lamar

2nd & Lamar to O'Reilly Park

O'Reilly Park to Williams Park

North end to south end of park

### Holliday Creek Trails

This trail system stretches from Lake Wichita to Williams Park. Trail goers can travel from Lake Wichita Park all the way to Williams Park (20.02 miles round trip). Along this trail are great views of Lake Wichita wildlife and easy access to any number of neighborhoods along the way. Both the Wichita River and Holliday Creek Trail system are part of the 25 mile Circle Trail Plan that can be seen on our web site at: [www.wichitafallstx.gov](http://www.wichitafallstx.gov)

#### Trail Section Name:

Lake Wichita Trail

South Weeks Trail

Weeks Trail

Parkway

North Weeks Trail  
Park

Jacksboro Hwy Trail

Scott St. Walk

MLK Blvd. Walk

Harding St. Walk

#### Trail Beginning/End Points

Lake Wichita Park to Spillway

Spillway to Southwest Parkway

Southwest Parkway to Midwestern  
1.33

Midwestern Parkway to Hamilton  
0.74

Hamilton Park to Scott St.

Scott St. to MLK Jr. Blvd

MLK Jr. Blvd to Harding St.

Harding St. to Williams Park

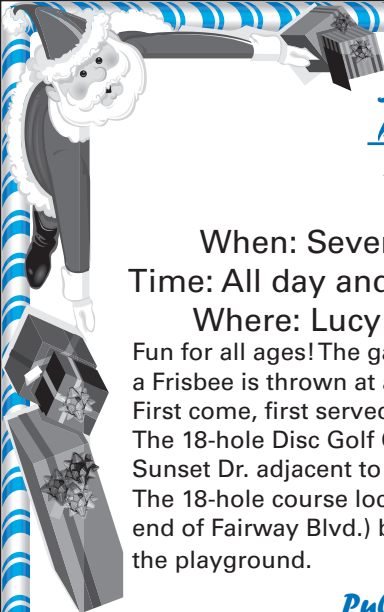


## Trail Etiquette

To permit the highest enjoyment and safety for all please observe the following etiquette and ordinances.

- Etiquette suggests using the right side of the trail with higher speed trail users passing slower trail users at an appropriate speed on the left side of the trail by giving sufficiently advanced notice audible to the slower trail user, such as, "Passing on the left"
- Trail users riding bicycles, skateboards, roller skates, and roller blades shall yield the right-of way to pedestrians (Ord. 82-69).
- Dogs shall be controlled by a leash at all times and when passing other trail users dogs shall be controlled so as not to be able to reach or disturb fellow trail users (Ord. 14-236). Dogs shall be licensed (Ord. 14-66). Dog excreta shall be immediately removed (Ord. 14-8). Dogs shall not be permitted to make an unreasonable disturbance to trail users by barking (Ord. 14-7).
- Motorized vehicles and horses are not allowed on trails with the exception of authorized City vehicles and motorized wheelchairs (Ord. 82-63).
- Posting signs and marking trail pavement is prohibited (Ord. 82-63).
- Wildlife along trails shall not be tormented (Ord. 14-382).
- Flowers, shrubs, and trees along trails within parks shall be disturbed (Ord. 82-59).
- Alcoholic beverages are prohibited on trails within parks (Ord. 82- 68)
- Trails within parks are closed from midnight to 5:00 a.m. (Ord. 82- 67).
- Please report any observed violations immediately to the Police Department at 761-7792.





## Disc Golf

Ages: All Ages

Fee: FREE!!

When: Seven Days a Week, Year Round

Time: All day and evening until midnight curfew

Where: Lucy Park and Lake Wichita Park

Fun for all ages! The game is similar to golf except a disc resembling a Frisbee is thrown at a pole hole (a chain basket mounted to a pole). First come, first served. Users must furnish own discs.

The 18-hole Disc Golf Course at Lucy Park begins along Sunset Dr. adjacent to the Log Cabin.

The 18-hole course located in Lake Wichita Park (near the south end of Fairway Blvd.) begins south of the small shelter near the playground.

## Public Tennis Centers

The City of Wichita Falls operates two public tennis centers located at Hamilton and Weeks Park under the supervision of the Parks & Recreation Department. Both centers have fully equipped pro shops and offer a wide variety of enriching programs for all ages and skill levels year round.

WEATHER PERMITTING, THE HOURS OF OPERATION OF EACH CENTER FROM SEPTEMBER THROUGH MAY ARE:

9a.m. – 9p.m.- Monday through Thursday

9a.m. – 7p.m.- Friday and Saturday

1p.m. – 7p.m.- Sunday

HOURS OF OPERATION JUNE THROUGH AUGUST ARE:

8a.m. – 9p.m.- Monday through Thursday

8a.m. – 8p.m.- Friday and Saturday

1p.m. – 8p.m.- Sunday

NOTE: Operating hours will be adjusted to accommodate tournaments. The centers will be closed on Independence Day, Thanksgiving, Christmas Eve, Christmas Day, New Year's Eve, New Years Day, and Easter.

### Hamilton Park Tennis Center

3101 Hamilton Blvd.

940-766-2321

Johnny Simmons, Head Pro

Dave Alden, Assistant Pro

### Weeks Park Tennis Center

4101 Weeks Park Lane

940-322-7700

Bobby Hagerman, Head Pro

Court fees at both centers for 1 1/2 hours of play per person are:

Weekdays (daylight hours) - \$2.00 Weeknights - \$2.50

Weekends - \$1.50

Beginning 8:00 p.m. April -

September and 6:30p.m. October - March

Annual Permit Fees at both centers

(valid for 1 year from date of purchase)

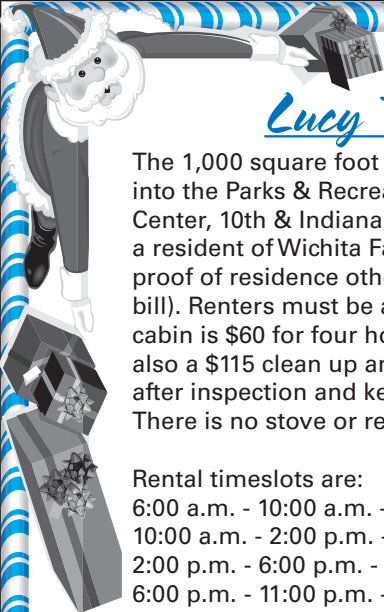
May use either facility. Family

\$160 Adults (19 & Up) \$95 Juniors

(18 & Below) \$55







## *Lucy Park Log Cabin*

The 1,000 square foot Lucy Park Cabin may be rented by coming into the Parks & Recreation office, room 209, W.F. Recreation Center, 10th & Indiana, Monday - Friday, 8a.m. - 5p.m. You must be a resident of Wichita Falls in order to rent the Log Cabin and bring proof of residence other than your driver's license (such as a utility bill). Renters must be at least 18 years of age. The cost of renting the cabin is \$60 for four hours and \$70 for the five hour slot. There is also a \$115 clean up and key deposit that is refundable 7 to 10 days after inspection and key return.

There is no stove or refrigerator in the cabin.

Rental timeslots are:

6:00 a.m. - 10:00 a.m. - \$60 rental

10:00 a.m. - 2:00 p.m. - \$60 rental

2:00 p.m. - 6:00 p.m. - \$60 rental

6:00 p.m. - 11:00 p.m. - \$70 rental



## *Park Picnic Shelters*

The Parks & Recreation Department has picnic shelters with tables available for use by the public in many city parks. The City of Wichita Falls provides inquiry and facility requests online! Facilities are reserved in 4 hour blocks at \$15.00 per block up to 3 blocks.

Facility reservations are subject to department approval. You will be notified via email when your permit has been approved and payment will be expected at that time.

### ***Alcohol permitted at Lucy Park #1 and Weeks Park ONLY!***

All of the following pavilions are available for rental:

Bridwell Park Shelter

Lake Wichita Park (Lake Shelter)

Hamilton Park Shelter

Kiwanis Park (Large Shelter)

Lucy Park (Shelter #1)

Lucy Park (Shelter #2 - Lucyland)

Scotland Park (Main Shelter)

Spudder Park Shelter

Weeks Park Shelter

Williams Park Shelter (Large Shelter)

Lamar Park Shelter

Picnic Shelters may be reserved online! [www.wichitafallstx.gov](http://www.wichitafallstx.gov)



## *Information*

To find information about our recreation classes, amateur athletics, special events, 50 + Zone, facility reservations, and cemeteries, go to the City of Wichita Falls web site at [www.wichitafallstx.gov](http://www.wichitafallstx.gov), click on departments, and then click Parks & Recreation.

**Sports information such as scores, schedules and rainouts, go to:**  
**[www.teamsideline.com/wichitafalls](http://www.teamsideline.com/wichitafalls)**

Your Parks & Recreation Department is a public service, nondiscriminatory entity striving to provide leisure needs for our community. We offer a variety of programs for all ages ranging from dance to fitness, arts, crafts, dog obedience, adult athletics, special events, senior-adult activities, and more!



### *Don't Forget to Register Early!*

**If sufficient enrollment is not received, a class or event will be canceled. Coming in on the last day may not be enough to revive it. Don't sit back and watch a good course die. If you are interested, register early!!!**



## REGISTRATION

### *Sign Up And Register Online!*

Wichita Falls, Parks & Recreation now has reservations and class sign up online.

Go to [www.wichitafallstx.gov](http://www.wichitafallstx.gov) and look under Parks & Recreation for activity sign ups and pavilion reservations!!

If you have any questions please contact the Parks & Recreation Department office at 940-761-7490.

#### Charge It By Phone

Phone-in registrations can be accepted only if registration fees are being charged on Master Card or Visa. Phone-in registrations are for continuing students, only and taken Monday-Friday, 8:00 a.m. - 5:00 p.m. New students must sign up online or in person for liability waiver. Credit cards may also be used for athletic fees, special events, etc. When you call, please have the following information:

1. Class/Activity Title
2. Class Day & Time
3. Participant's name, address, home and work phone number.
4. Charge Card number and expiration date.
5. Name appearing on charge card.

#### Or Just Walk In

Students must register at the Recreation office in room 209, W.F. Recreation Center, 10th & Indiana, Monday - Friday, 8:00a.m. - 5:00p.m. (except on observed holidays).

#### Policies and Procedures:

In the case of continuous running classes, the following policy is enforced:

1. Cut off date for registration is the 20th of each month for new and continuing students. If a registration card is placed in the after hours slot for a class payment that is past due, the registration card and payment will be returned.
2. Early Bird Discounts must be obtained and paid by 3:00 p.m. of the last business day of the month.
3. Classes are now on a monthly fee rate, as opposed to an individual class rate. No more multi-class discounts.

Refunds: A 75% refund can be made only on requests received three days before class starting date.

**No refunds after a class starting date except with a doctor's excuse or under circumstances as deemed valid by the Parks & Recreation Program Coordinator.**

100% refunds made only in case of class cancellation. Participants may transfer from one class to another only if instructor is the same for both classes.



Scan this code into your smart phone  
for instant access to this brochure  
and registration links electronically.



### *Instructors needed!*

We are looking for anyone who may be interested in offering a special interest class, such as the classes you see listed in this brochure, or classes in which you possess an exceptional talent. If you are interested, please contact the Recreation office at 761-7490.

